



RPE65 has an additional function as the lutein to *meso*-zeaxanthin isomerase in the vertebrate eye

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Edited by John E. Dowling, Harvard University, Cambridge, MA, and approved August 14, 2017 (received for review April 20, 2017)

Carotenoids are plant-derived pigment molecules that vertebrates cannot synthesize *de novo* that protect the fovea of the primate retina from oxidative stress and light damage. *meso*-Zeaxanthin is an ocular-specific carotenoid for which there are no common dietary sources. It is one of the three major carotenoids present at the foveal center, but the mechanism by which it is produced in the eye is unknown. An isomerase enzyme is thought to be responsible for the transformation of lutein to *meso*-zeaxanthin by a double-bond shift mechanism, but its identity has been elusive. We previously found that *meso*-zeaxanthin is produced in a developmentally regulated manner in chicken embryonic retinal pigment epithelium (RPE)/choroid in the absence of light. In the present study, we show that RPE65, the isomerohydrolase enzyme of the vertebrate visual cycle that catalyzes the isomerization of all-*trans*-retinyl esters to 11-*cis*-retinol, is also the isomerase enzyme responsible for the production of *meso*-zeaxanthin in vertebrates. Its RNA is up-regulated 23-fold at the time of *meso*-zeaxanthin production during chicken eye development, and we present evidence that overexpression of either chicken or human RPE65 in cell culture leads to the production of *meso*-zeaxanthin from lutein. Pharmacologic inhibition of RPE65 function resulted in significant inhibition of *meso*-zeaxanthin biosynthesis during chicken eye development. Structural docking experiments revealed that the epsilon ring of lutein fits into the active site of RPE65 close to the nonheme iron center. This report describes a previously unrecognized additional activity of RPE65 in ocular carotenoid metabolism.

carotenoid | isomerase | retina | lutein | zeaxanthin

The rare carotenoid *meso*-zeaxanthin is present only in the eyes of higher vertebrates (1, 2). This is a unique phenomenon in nature, especially since vertebrates normally obtain carotenoids through their diet and are incapable of producing these molecules *de novo* (2, 3). *meso*-zeaxanthin is not commonly found in dietary sources; besides the eyes of vertebrates, this carotenoid is present in shrimp shells, turtle fat, and fish skin (2, 4, 5). Hundreds of carotenoids are present in nature, and even though primates consume more than 50 of them, *meso*-zeaxanthin is one of only three carotenoids present in the foveal center of the retina, the region responsible for sharp, central vision. Degeneration of the retina and retinal pigment epithelium (RPE) surrounding the fovea occurs in the disease state known as age-related macular degeneration (AMD). Carotenoid supplementation has been shown to be effective in curtailing the progression of this disease, because these molecules are capable of protecting the fovea from blue light damage and reactive oxygen species (2, 6). Despite the abundance of *meso*-zeaxanthin in the foveal center, its specific function relative to dietary lutein and zeaxanthin remains unknown.

Lutein, zeaxanthin, and *meso*-zeaxanthin are the three carotenoids present at the foveal center (2). These molecules share the same molecular formula, C₄₀H₅₆O₂ (Fig. 1A). Since lutein and zeaxanthin are abundant in a normal diet, it has long been hypothesized that an isomerase enzyme may be responsible for the metabolic transformations of either lutein or zeaxanthin to produce *meso*-zeaxanthin (2). In vivo studies from our laboratory using quail have shown that birds fed with deuterium-labeled lutein produce labeled *meso*-zeaxanthin, while labeled zeaxanthin feed did not have the same effect (7). Similar results have been

observed in primates as well. When carotenoid-deficient monkeys were fed lutein, *meso*-zeaxanthin was present in their retinas, but no *meso*-zeaxanthin was detected when these animals were maintained on feed enriched with zeaxanthin (8). Both of these studies indicate that lutein undergoes metabolic transformations to form *meso*-zeaxanthin *in vivo*, but the biochemical mechanism by which this reaction occurs is unknown, although it is efficiently produced under harsh industrial conditions, such as high temperature and strong base (9). Conversion of dietary zeaxanthin to *meso*-zeaxanthin would require inversion of a chiral center at the 3' position, a reaction rarely encountered in biological systems. In contrast, conversion of lutein to *meso*-zeaxanthin proceeds by the migration of just one double bond from the 4'-5' position to the 5'-6' position, a reaction that should be readily accomplished by coordinated acid-base catalysis as illustrated in Fig. 1B. Other mechanisms involving radical chemistry are also plausible.

In an effort to determine the biochemistry behind *meso*-zeaxanthin formation, our laboratory undertook studies in developing chicken embryos. In this isolated system, we determined that *meso*-zeaxanthin is produced in a developmentally regulated manner in the RPE/choroid of chicken embryos from the lutein and zeaxanthin naturally present in egg yolk (10). In a previous study, we detected the presence of *meso*-zeaxanthin in the RPE/choroid of E17 embryos, with increasing levels as the embryo neared hatching at E21 (10). Retinal detection of *meso*-zeaxanthin occurred only at E19, and all other tissues examined (brain, liver, serum, and yolk) were devoid of this carotenoid. Since the eggs were incubated in the dark, we could rule out the role of light in *meso*-zeaxanthin production. In the current study, we present evidence that RPE65, the isomerohydrolase enzyme of the vertebrate visual cycle responsible for the isomerization of

Significance

Carotenoids are plant-derived pigment molecules that cannot be synthesized *de novo* by higher organisms. These physiologically relevant compounds function as potent antioxidants and light screening compounds, and their supplementation has been shown to ameliorate the progression of such diseases as age-related macular degeneration. Hundreds of carotenoids are present in the plant world, but the primate macula contains only three: lutein, zeaxanthin, and *meso*-zeaxanthin. The presence of *meso*-zeaxanthin in the foveal region of primates is an unexplained phenomenon, given its lack of dietary sources. We show that RPE65 is responsible for the conversion of lutein to *meso*-zeaxanthin in vertebrates, a unique role for RPE65 in carotenoid metabolism beyond its well-known retinoid isomerohydrolase function in the vertebrate visual cycle.

Author contributions: R.S. and P.S.B. designed research; R.S., A.G., and K.N. performed research; R.S., A.G., M.P.H., and P.S.B. analyzed data; and R.S. and P.S.B. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

See Commentary on page 10818.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1706332114/-DCSupplemental.

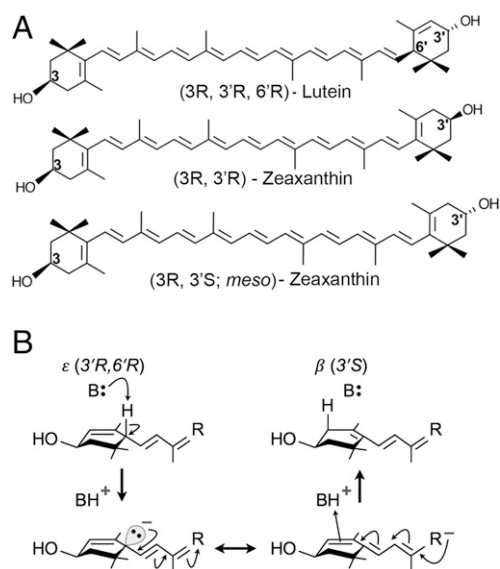


Fig. 1. Structures of macular xanthophylls (A) and simple mechanism of coordinated acid-base catalysis of lutein to *meso*-zeaxanthin (B). The first step involves base-catalyzed proton abstraction from the ϵ -ionone ring at position C6'. The resulting negative charge on the intermediate is expected to be resonance-stabilized (double-headed arrow). In the final step, BH⁺ acts as a source of proton for attachment to the ionone ring at the new position, C4'. The mechanism shown here illustrates how conversion might occur in vivo; alternate mechanisms involving radical chemistry (e.g., hydrogen atom transfer) are also possible.

all-*trans*-retinyl palmitate to 11-*cis*-retinol (11–14), is the lutein to *meso*-zeaxanthin isomerase.

Results

RPE65 Transcript and Protein Levels Are Significantly Up-Regulated in E21 Chicken RPE/Choroid. To identify the enzyme responsible for the production of *meso*-zeaxanthin in chicken RPE/choroid, we performed RNA sequencing to ascertain which transcripts of likely candidates were up-regulated. We used total RNA isolated from E16 RPE/choroid, a stage at which *meso*-zeaxanthin is not detectable in the RPE/choroid, and compared the expression profile of mRNA transcripts with those of E21 RPE/choroid, a stage at which substantial amounts of *meso*-zeaxanthin are present. Log₂ FPKM values of at least three embryos from each stage were compared, and the relative abundance of gene transcripts normally involved in either carotenoid metabolism and transport (*GSTP1*, *STARD3*, *STARD1*, *BCO1*, *BCO2*, *SCARB1*, *SCARB2*, and *CD36*) or retinoid metabolism and transport (*RBP1*, *IRBP*, *CRALBP*, *RPE65*, *LRAT*, *CYP27C1*, *STRA6*, and *DES1*) are plotted in Fig. 2. Among the genes that we considered, *RPE65* was the most highly up-regulated between E16 and E21. Its transcript levels were 23-fold higher at E21 compared with at E16. *GSTP1* and *STARD3* are zeaxanthin- and lutein-binding proteins, respectively (15, 16), and their transcript levels did not show any significant increase between E16 and E21. *BCO1* and *BCO2* are carotenoid oxygenases (17–20), and both of their genes were slightly up-regulated at E21. *STRA6* is a retinol transport protein (21), and *DES1* is a vitamin A isomerase expressed in the Müller cells of the retina (22). While *STRA6* mRNA was up-regulated at E21, its magnitude of increase was lower than that observed for *RPE65*. *DES1* mRNA levels were not changed during development. *SCARB1*, *SCARB2*, and *CD36* are carotenoid transport proteins in the eye (23). While *SCARB1* showed increased levels between E16 and E21, it is an unlikely candidate to catalyze the production of *meso*-zeaxanthin. *LRAT*, the acyl transferase enzyme required for visual pigment regeneration, was moderately up-regulated at E21 (12–14). *CYP27C1*, a protein known to

convert vitamin A1 to vitamin A2 (24), showed a decrease in transcript abundance between E16 and E21. No significant differences in expression were observed for retinoid transporters, such as *IRBP*, *CRALBP*, and *RBP1*. From the RNA sequencing data, we concluded that among the relevant genes involved in the visual cycle and carotenoid metabolism, *RPE65* is most likely to be responsible for *meso*-zeaxanthin production, especially since it is a relative of two carotenoid metabolic enzymes, *BCO1* and *BCO2*.

We next determined whether the protein expression profile of *RPE65* showed a similar trend as the mRNA levels. No *RPE65* protein was detected in E16 chicken RPE/choroid, whereas strong expression was observed in E21 tissue (Fig. S1).

Overexpression of RPE65 Leads to the Production of *meso*-Zeaxanthin in HEK293T Cells.

To determine whether *RPE65* can catalyze the conversion of lutein to *meso*-zeaxanthin, we used the nonocular cell line HEK293T, which is derived from human embryonic kidney and does not express *RPE65* or *LRAT* (12, 13). Overexpression of *pCDNA3.1-CRPE65* (chicken *RPE65*) resulted in strong expression of *RPE65* at 48 h posttransfection that was sustained for another 4 d, while nontransfected cells had no

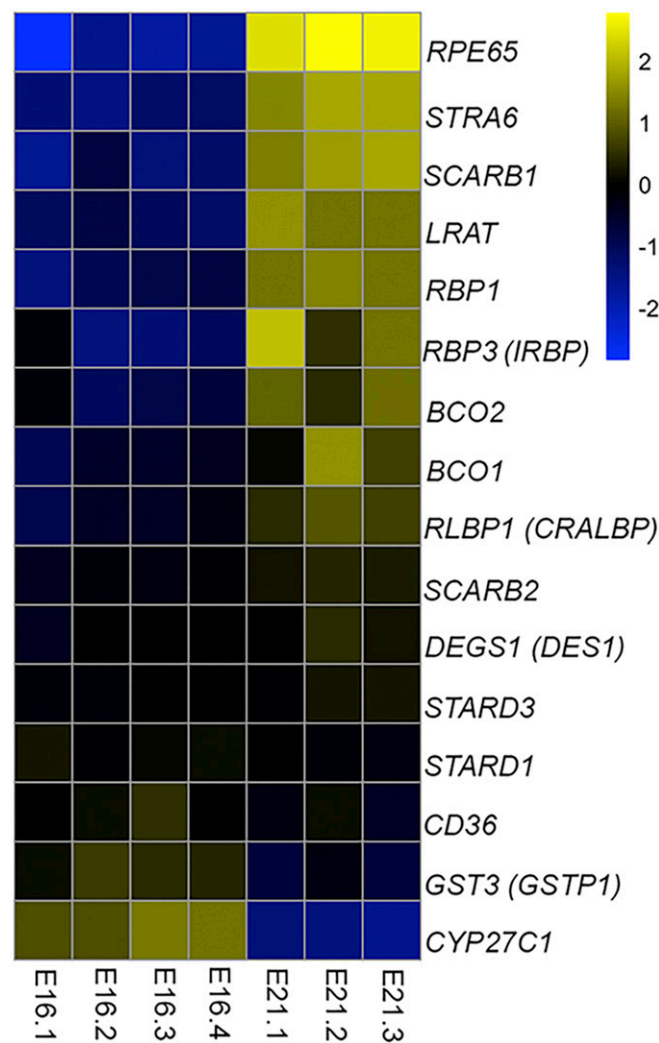


Fig. 2. Comparison of gene expression profiles in E16 and E21 chicken RPE/choroid. The FPKM value of each gene is compared with its expression across all samples to obtain the average expression. The ratio of gene expression in each sample is compared with the average, and the values are plotted on a log base2 scale. Positive values indicate above-average expression; negative values, below-average expression.

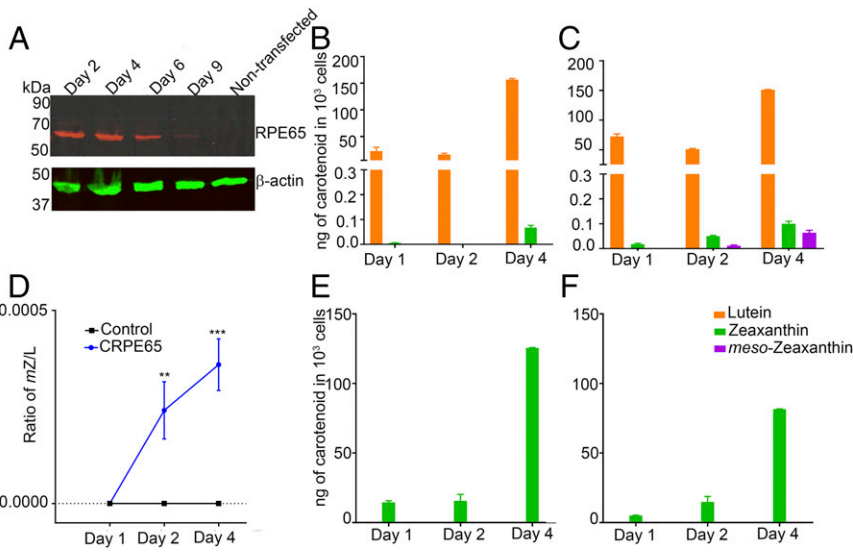


Fig. 3. CRPE65 overexpression followed by lutein treatment gives rise to *meso*-zeaxanthin in HEK293T cells. Nontransfected HEK293T cells do not express RPE65, but transient transfection results in expression of this gene for several days (A). Treatment of CRPE65-transfected cells with 4 μ M lutein resulted in *meso*-zeaxanthin production (C), whereas the cells overexpressing control plasmid were devoid of *meso*-zeaxanthin (B). The ratio of *meso*-zeaxanthin to lutein shows an increase in the latter in a time-dependent manner (D). Treatment with 4 μ M zeaxanthin in control plasmid-overexpressing cells (E) or CRPE65-overexpressing cells did not result in *meso*-zeaxanthin production (F). $n = 3$. Error bars represent SEM. $^{**}P < 0.005$; $^{***}P < 0.0005$.

RPE65 (Fig. 3A). We supplied HPLC-purified lutein with no detectable *meso*-zeaxanthin and $<0.5\%$ zeaxanthin (Fig. 4B) to HEK293T cells with no endogenous carotenoids (Fig. 4C). Treatment with 4 μ M lutein for up to 4 d resulted in the production of progressively higher levels of *meso*-zeaxanthin in RPE65-overexpressing cells, while control cells transfected with *pCDNA3.1-GFP* did not show the presence of *meso*-zeaxanthin (Figs. 3B and C and 4D and E). The identity of biosynthesized *meso*-zeaxanthin was confirmed by comparing its retention time with that of authentic carotenoid standards (Fig. 4A) and by the observation of its characteristic tripeak spectrum with the highest peak at 450 nm using in-line photodiode array detection (Fig. 4F and Fig. S2). We observed small amounts of zeaxanthin in our

experimental and control cells that increased in a time-dependent manner (Fig. 3B and C). This is likely because our lutein stock, even though devoid of *meso*-zeaxanthin, contains $\sim 0.5\%$ zeaxanthin. To rule out zeaxanthin as the precursor to *meso*-zeaxanthin in CRPE65-overexpressing cells, we treated these cells with 4 μ M isomerically pure zeaxanthin with no detectable lutein. Neither the control nor the experimental cells showed any detectable levels of *meso*-zeaxanthin or lutein (Fig. 3E and F).

Previous studies have shown that CRPE65 is a better isomerohydrolase than its human counterpart (25). We conducted our next set of experiments to determine whether there were any differences between human RPE65 (HRPE65) and CRPE65 in *meso*-zeaxanthin isomerization (Fig. S3). We observed that

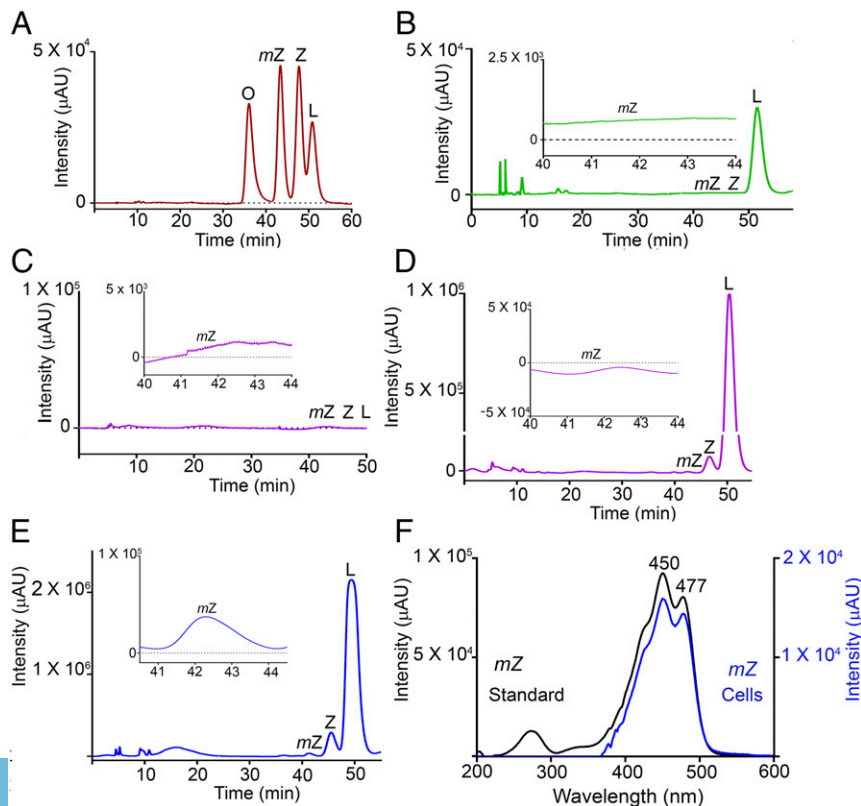


Fig. 4. Chromatograms showing the presence of carotenoids in HEK293T cells. (A) Retention times of authentic carotenoid standard mixture. (B) The HPLC-purified lutein used in our incubations did not contain any *meso*-zeaxanthin. (C) HEK293T cells were free of carotenoids. (D and E) Overexpression of *pCDNA3.1-GFP* followed by treatment with 4 μ M lutein for 4 d did not result in *meso*-zeaxanthin production (D), whereas cells overexpressing CRPE65 when treated with 4 μ M lutein for 2 d gave rise to detectable levels of *meso*-zeaxanthin (E). (F) Characteristic tripeak spectrum obtained for *meso*-zeaxanthin from authentic standard (black) and CRPE65-overexpressing cells (blue) (Fig. S2). (Insets) Zoom-in views (20 \times). L, lutein; mZ, *meso*-zeaxanthin; O, oxo-lutein; Z, zeaxanthin.

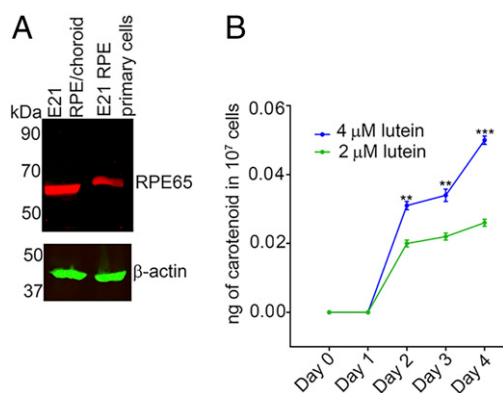


Fig. 5. Endogenous RPE65 in chicken RPE primary cells can catalyze the production of *meso*-zeaxanthin. (A) RPE primary cells from E21 chicken embryos retain RPE65 expression. (B) When treated with 2 μ M lutein for 2 d, these cells produce *meso*-zeaxanthin, and higher levels of *meso*-zeaxanthin production are observed when cells are treated with 4 μ M lutein. $n = 3$. Error bars represent SEM. $^{*}P < 0.005$; $^{***}P < 0.0005$.

HRPE65 transfection resulted in slightly lower *meso*-zeaxanthin production compared with CRPE65 at day 2; however, by day 4, both CRPE65- and HRPE65-overexpressing cells contained similar levels of *meso*-zeaxanthin (Fig. 3C and Fig. S3C). As with CRPE65, treatment of HRPE65-overexpressing cells with 4 μ M zeaxanthin resulted in no detectable *meso*-zeaxanthin, and no *meso*-zeaxanthin was present in the control cells (Fig. S3E and F). Comparison of the ratio of lutein to *meso*-zeaxanthin in CRPE65- and HRPE65-overexpressing cells revealed a conversion rate of $<0.05\%$ over a 4-d period (Fig. 3D and Fig. S3D).

E21 Chicken RPE Primary Cells Retain RPE65 Expression and Can Produce *Meso*-Zeaxanthin. In these experiments, we explored whether chicken RPE primary cultures from E21 embryos are capable of producing *meso*-zeaxanthin on lutein treatment. Unlike human primary RPE cells, these cells retain the expression of RPE65 even after five passages (26) (Fig. 5A). Treatment of 10^7 cells with 2 μ M lutein for 2 d resulted in detectable levels of *meso*-zeaxanthin (Fig. 5B). Between days 2 and 4, we observed a progressive increase in *meso*-zeaxanthin levels. To determine whether a higher precursor concentration will result in increased production of *meso*-zeaxanthin, we treated these cells with 4 μ M lutein. They produced significantly higher amounts of *meso*-zeaxanthin at days 2, 3, and 4 relative to the cells treated with 2 μ M lutein (Fig. 5B).

Pharmacologic Inhibition of RPE65 in the Developing Chicken Embryo Decreases *Meso*-Zeaxanthin Levels. We next examined whether pharmacologic inhibition of RPE65 activity could specifically inhibit *meso*-zeaxanthin production. Our previous studies have shown that *meso*-zeaxanthin is first present at detectable levels in the chicken RPE/choroid at E17. Therefore, we decided to introduce a competitive inhibitor of RPE65 activity into the yolk sac of chicken embryos at E17.

We used the pharmacologic inhibitor ACU-5200-HCl (ACU-5200) to knock down RPE65 function. ACU-5200 is an analog of emixustat, a highly specific RPE65 inhibitor that is currently undergoing clinical trials as a treatment for Stargardt disease (27–29) (Fig. 6A). ACU-5200 has been shown to inhibit production of 11-*cis*-retinoids in animals at very low oral doses ($ED_{50} = 0.27$ mg/kg in mice; proprietary data provided by Acucela Inc.). We injected various doses of ACU-5200 into the yolk sac of the developing embryo at E17 and then again at E19. The ACU-5200-injected embryos developed normally and had no obvious phenotypic abnormalities (Fig. 6B). Injection of two 2-mg doses (2×2 mg) of ACU-5200 resulted in significant down-regulation of RPE/choroid *meso*-zeaxanthin levels (Fig. 6C). Doubling this dose resulted in complete absence of *meso*-zeaxanthin in the

injected embryos' RPE/choroid (Fig. 6D). The RPE/choroid lutein and zeaxanthin contents of the ACU-5200-injected embryos remained comparable to those of control embryos (Fig. 6C and D). These results indicate that in an in vivo system, the function of RPE65 is necessary for the production of *meso*-zeaxanthin.

Structural Docking Experiments Reveal That the Epsilon Ring of Lutein Can Fit into the Active Site of RPE65.

To determine whether lutein fits into the substrate tunnel of RPE65, we docked lutein molecules into a homology model for chicken RPE65. Fig. 7 shows a representative outcome that minimizes steric conflicts and maximizes hydrogen bonds. The ϵ -ionone ring of lutein rests on a ledge comprising the iron-coordinating histidine residues, and the β -ionone ring protrudes from an opening at the surface of the enzyme. The buried hydroxyl group is positioned in proximity with two hydrogen-bonding groups (indole amine of Trp-331 and carboxylate of Glu-417; Fig. S4). Steric complementarity is evident, with phenylalanine residues making a close approach on either side of the ϵ -ionone ring and also stacking with the polyene chain. The edge of the ionone ring containing atoms C4', C5', and C6', which are involved in isomerization, was consistently found closer to the iron center and histidine residues. Docking outcomes with these atoms pointed away from the iron center were not observed among well-fitting outcomes, likely because in this orientation, the curvature observed for lutein molecules does not match the curvature of the substrate tunnel found in RPE65.

Discussion

RPE65 is an important enzyme in the visual cycle, responsible for the key all-*trans* to 11-*cis*-retinoid isomerization step of the visual cycle (11–13). Such diseases as Leber congenital amaurosis and retinitis pigmentosa arise from the loss of function of this gene (12, 13). Here we show that RPE65 is capable of carrying out an additional function in which it converts lutein to *meso*-zeaxanthin, an eye-specific carotenoid with no common dietary sources. Since *meso*-zeaxanthin is accumulated in high concentrations at the fovea of the retina, a region crucial for visual acuity, its hypothesized function is to protect the region from blue light damage and oxidative stress and to potentially enhance visual function. In support of this hypothesis, a previous study

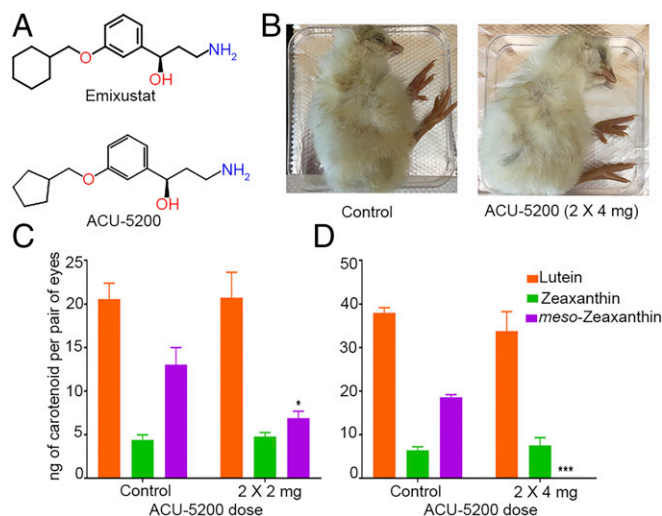


Fig. 6. ACU-5200 injection inhibits *meso*-zeaxanthin production in the RPE/choroid of developing chicken embryos. (A) ACU-5200 is an analog of emixustat. (B) The development of ACU-5200-injected embryos was comparable to that of control embryos. (C and D) No significant differences in lutein or zeaxanthin levels were observed in ACU-5200-injected embryos compared with corresponding control embryos. *meso*-zeaxanthin levels were either significantly down-regulated or completely absent following ACU-5200 injection. $n \geq 5$. Error bars represent SEM. $^{*}P < 0.05$; $^{***}P < 0.0005$.

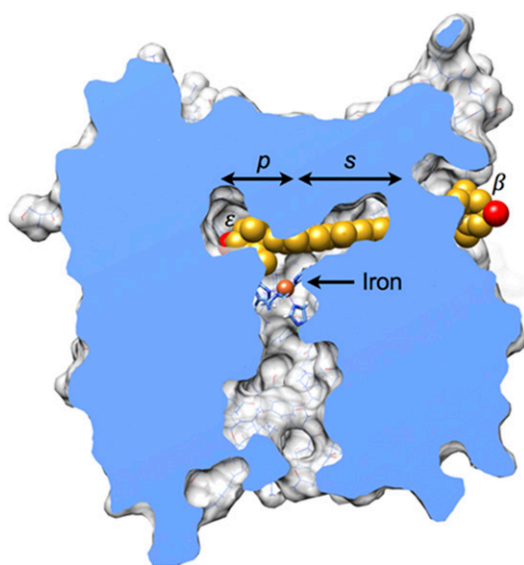


Fig. 7. Model of RPE65 complexed with lutein. A molecule of lutein (carbon, gold; oxygen red) is shown docked into a homology model of chicken RPE65. In this view, much of the protein structure has been cut away to reveal the substrate tunnel found in the interior. The palmitate-binding pocket (*p*) is above and to the left of the iron center, overlapping with the ϵ -ionone ring of lutein. The polyene chain extends through the presumed substrate-binding pocket (*s*), defined by the structure of the enzyme in complex with its competitive inhibitor emixustat (29). The β -ionone ring emerges at an opening found on the surface of the enzyme. A more detailed view of molecular interactions is provided in Fig. S4. Energy minimization was not used for these coarse-grid rigid-body docking experiments. The representative result shown here was selected from >33,000 trials because it has few steric clashes ($n = 9$; clash defined as interatomic distance less than 3 Å) and makes two hydrogen bonds. Steric conflicts would likely resolve on subtle adjustments of torsion angles in the lutein molecule and repositioning of sidechains. For comparison, lutein docked into the tunnel-like cavity of StARD3 with the same rigid-body protocol experiences 14 clashes (42), ligands palmitate and emixustat bound to RPE65 have two clashes, and lutein molecules found in structures of chlorophyll-binding proteins frequently have no clashes (42). This figure was prepared with UCSF Chimera (43, 44).

has shown that *meso*-zeaxanthin has stronger antioxidant properties than lutein and zeaxanthin (30), and another study has shown that oral supplementation with all three macular carotenoids can improve contrast sensitivity in normal individuals (31, 32). The process by which *meso*-zeaxanthin is produced in the eye has been a mystery. In the present study, we show in both in vitro and in vivo systems that RPE65 is the enzyme that catalyzes the conversion of lutein to *meso*-zeaxanthin.

After identifying RPE65 as a prime candidate for the *meso*-zeaxanthin isomerase in chicken RPE by RNA sequencing studies, we conducted overexpression experiments using both chicken and human RPE65 plasmids in a nonocular cell culture system. Our studies in HEK293T cells show that RPE65 of both species is capable of producing *meso*-zeaxanthin from lutein, but not from zeaxanthin. HEK293T cells do not endogenously express LRAT, the acyl transferase enzyme essential to provide all-*trans* fatty acid ester retinoid substrates for RPE65 to catalyze their conversion into 11-*cis*-retinol (12, 13, 25). By overexpressing RPE65 in a system free of LRAT and treating these cells with HPLC-purified lutein, we were able to produce *meso*-zeaxanthin independent of LRAT's catalytic activity. The reaction is slow in cell culture, with no detectable product observed until several days after the addition of lutein. This is consistent with the relatively slow formation of *meso*-zeaxanthin during chicken eye development, which also takes several days (10).

Our structural modeling studies show that the epsilon ring of lutein can coordinate with the active site histidines and iron of

RPE65 in a manner that could facilitate the double-bond shift reaction required to convert lutein to *meso*-zeaxanthin by a mechanism involving acid-base catalysis (Fig. 1B) or some other mechanism. We also found that an RPE65 inhibitor, ACU-5200, was able to specifically inhibit formation of *meso*-zeaxanthin during chicken eye development without affecting lutein or zeaxanthin uptake into the RPE/choroid. Its close analog, emixustat, is currently in clinical trials as a visual cycle inhibitor for various eye diseases (27–29). Our finding of RPE65's additional role in macular carotenoid metabolism suggests that it may be of interest to examine whether this compound detectably alters macular pigment levels or distributions in the participants in these clinical trials.

Mutations in human RPE65 are quite rare and typically cause severe visual function deficits, and we suspect that individuals with deleterious mutations in RPE65 may also have abnormalities in their macular pigment levels and distributions. Interestingly, SNPs in human RPE65, along with other carotenoid-associated genes, such as *GSTP1*, *BCO1*, and *SCARB1*, were identified as determinants of macular optical density in women participating in the CAREDS study (33).

The notion that RPE65 is the *meso*-zeaxanthin isomerase is appealing, since its carotenoid oxygenase family members BCO1 and BCO2 are known carotenoid cleavage enzymes. In fact, RPE65's alternate name is BCO3. These three proteins share significant sequence homology, and each plays a crucial role in vertebrate retinoid and carotenoid physiology. BCO1 cleaves β -carotene at the central 15, 15' site to produce two molecules of retinal (18). This newly formed all-*trans*-retinal undergoes reduction and conversion into retinyl esters that are substrates for RPE65-mediated production of 11-*cis*-retinol; alternatively, retinal can be oxidized to retinoic acid, which is used for cell signaling and gene regulation. BCO2 cleaves a variety of xanthophyll carotenoid substrates at the 9', 10' double bond and is involved in the homeostasis of non-provitamin A carotenoids (17).

In other species, a single enzyme can perform the functions of BCO1, BCO2, and RPE65. Arthropods encode a single carotenoid cleavage enzyme, NinaB, that performs the functions of all three BCO family members (34). Carotenoid cleavage enzymes in lower organisms have a range of substrate specificities. ACO from cyanobacteria is capable of cleaving carotenoids of various lengths, ranging from C₂₀ to C₂₇. This enzyme binds to substrates with either aldehydes or alcohols at their terminal ends distal to the ionone ring, and it also can accept apocarotenoids with or without 3-hydroxyl groups on the ionone rings (35–37). Therefore, it is not unprecedented that RPE65, whose known interactions until now have been only with retinoids, may interact with structurally similar molecules, such as carotenoids.

Our findings show that *meso*-zeaxanthin production from lutein occurs in the RPE, and that it is catalyzed by RPE65. The specific accumulation of this carotenoid in the fovea may be mediated by specific transporters as well as binding proteins. IRBP and class B scavenger receptor proteins are capable of shuttling carotenoids to the retinal layers from the RPE via the interphotoreceptor space (38, 39). GSTP1 is a known zeaxanthin-binding protein present in the primate RPE and foveal regions that binds *meso*-zeaxanthin with equally high affinity (15). It is plausible to hypothesize that newly formed *meso*-zeaxanthin from the RPE is shuttled into the subretinal space and then into the retinal layers by means of transport proteins, and that once in the retina, it may be held in place in the foveal region by specific binding proteins.

In the present study, we have described a novel function of RPE65 as the lutein to *meso*-zeaxanthin isomerase. We have shown that both chicken and human RPE65 are capable of converting lutein to *meso*-zeaxanthin. The reaction rate is slow, and *meso*-zeaxanthin isomerization is likely a secondary function of RPE65. The foveal presence of *meso*-zeaxanthin, especially given its lack of common dietary sources, has been a conundrum in the field of carotenoid biology. With the identification of RPE65 as the enzyme responsible for the production of

meso-zeaxanthin, future studies can further delineate the physiological role of this macula-specific carotenoid.

Materials and Methods

Total RNA Isolation and RNA Sequencing. Total RNA was isolated from E16 and E21 chicken embryos with the Qiagen RNeasy Kit. Intact poly(A) RNA was purified from total RNA samples (100–500 ng) with oligo(dT) magnetic beads, and stranded mRNA sequencing libraries were prepared as described using the Illumina TruSeq Stranded mRNA Library Preparation Kit. Details are provided in *SI Materials and Methods*.

Cell Culture and Transient Transfection. A primary cell culture of E21 chicken RPE was established, and HEK293T cells were transiently transfected with RPE65 or GFP for overexpression experiments, as described in *SI Materials and Methods*.

Carotenoid Treatment. HPLC-purified carotenoid stocks were prepared. Tween 40 was added to the dried stocks before the addition of medium. Cells were treated with the carotenoid-containing medium for 0, 1, 2, or 4 d. More details are provided in *SI Materials and Methods*.

Carotenoid Extraction and HPLC Analysis. Carotenoid extraction and chiral HPLC analyses were carried out as described previously (10) and in *SI Materials and Methods*.

Protein Isolation and Western Blot Analysis. Cell lysis, protein isolation, and Western blot analysis were done following standard protocols, as described in *SI Materials and Methods*.

Inhibitor Treatment of Chicken Embryos. E17 and the same chicken embryos at E19 were injected with appropriate concentrations of ACU-5200 (Acucela Inc.) diluted in Ringer's solution containing 1% penicillin-streptomycin (*SI Materials and Methods*).

Structural Modeling of Lutein Docking into RPE65. Lutein molecules were docked into a homology model of RPE65 obtained with *Phyre2* (40), by threading the amino acid sequence of CRPE65 into the structure of bovine RPE65 [Protein Data Bank (PDB) ID codes 4RSC and 3FSN] (29, 41). Additional details are provided in *SI Materials and Methods*.

ACKNOWLEDGMENTS. We thank Acucela Inc. for generously providing the RPE65 inhibitor ACU-5200, Kemin Health for supplying HPLC-purified lutein, Dr. Jian-Xing Ma and Dr. Yusuke Takahashi (University of Oklahoma) for providing RPE65 antibodies and plasmids, and Dr. Wolfgang Baehr (University of Utah) for providing feedback on the manuscript. This work was supported by National Institutes of Health Grants EY11600 and EY14800 (to P.S.B.) and Ruth L. Kirschstein Training Grant T32EY024234 (to R.S.), and an unrestricted departmental grant from Research to Prevent Blindness.

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